

# **Overview of the Michigan Department of Community Health**

Pressing Health Issues Facing Michigan

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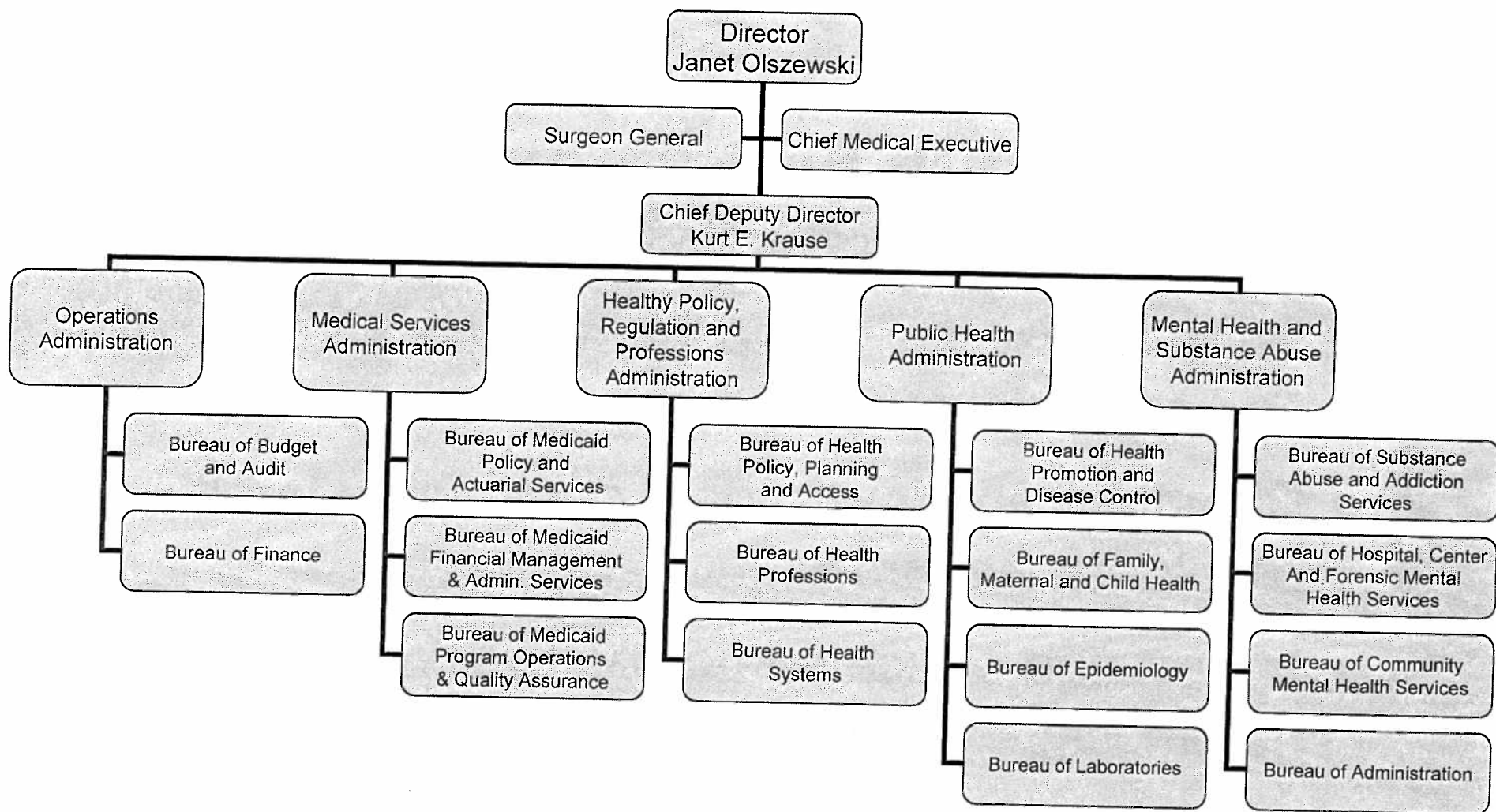
Janet Olszewski, Director  
Michigan Department of Community Health  
House Health Policy Committee – February 17, 2009



[www.michigan.gov/mdch](http://www.michigan.gov/mdch)

# Our Mission and Vision

- **MISSION:** MDCH will protect, preserve, and promote the health and safety of the people of Michigan with particular attention to providing for the needs of vulnerable and under-served populations.
- **VISION:** Michigan will be a safe and healthy state where all people realize their fullest health potential and live enriched and productive lives.



# Public Health Functions

- Prevent disease and assure its treatment and management
- Diagnose and investigate community health problems, hazards
- Inform and educate Michigan residents about health issues
- Develop policies and plans to support individual, community health efforts

# Mental Health and Substance Abuse Functions

Administration of:

- The system of community mental health services programs throughout the state
  - Providing services to over 200,000 individuals annually
- The operation of state psychiatric hospitals and centers
  - Providing services to over 1,500 admissions with a current population of 900
- The provision of mental health services to prisoners incarcerated in Department of Corrections facilities
- Associated administrative functions including inter and intra-departmental collaboration; hospital/center reimbursement functions; various grant management functions

# Regulatory Functions

- License, certify and regulate nursing homes and hospitals
  - 426 nursing homes and 178 hospitals
- Regulate licensing and registration of health professionals
  - License and register 375,000 health professionals in 35 professions
- Regulate construction and expansion of health care facilities and covered clinical services through the Certificate of Need program
  - There are 16 covered services

# Medicaid Functions

- Provide comprehensive health and long term care for low income families, the elderly and the disabled
- Jointly financed by federal and state government
  - 60% federal, 40% state (Michigan)
- In Michigan:
  - Pays for about 52,000 births
  - Provides health care for 1 out of 3 children and 1 out of 6 people
  - Pays for 2/3 of all nursing home care

# Our Health

## Areas of improvement:

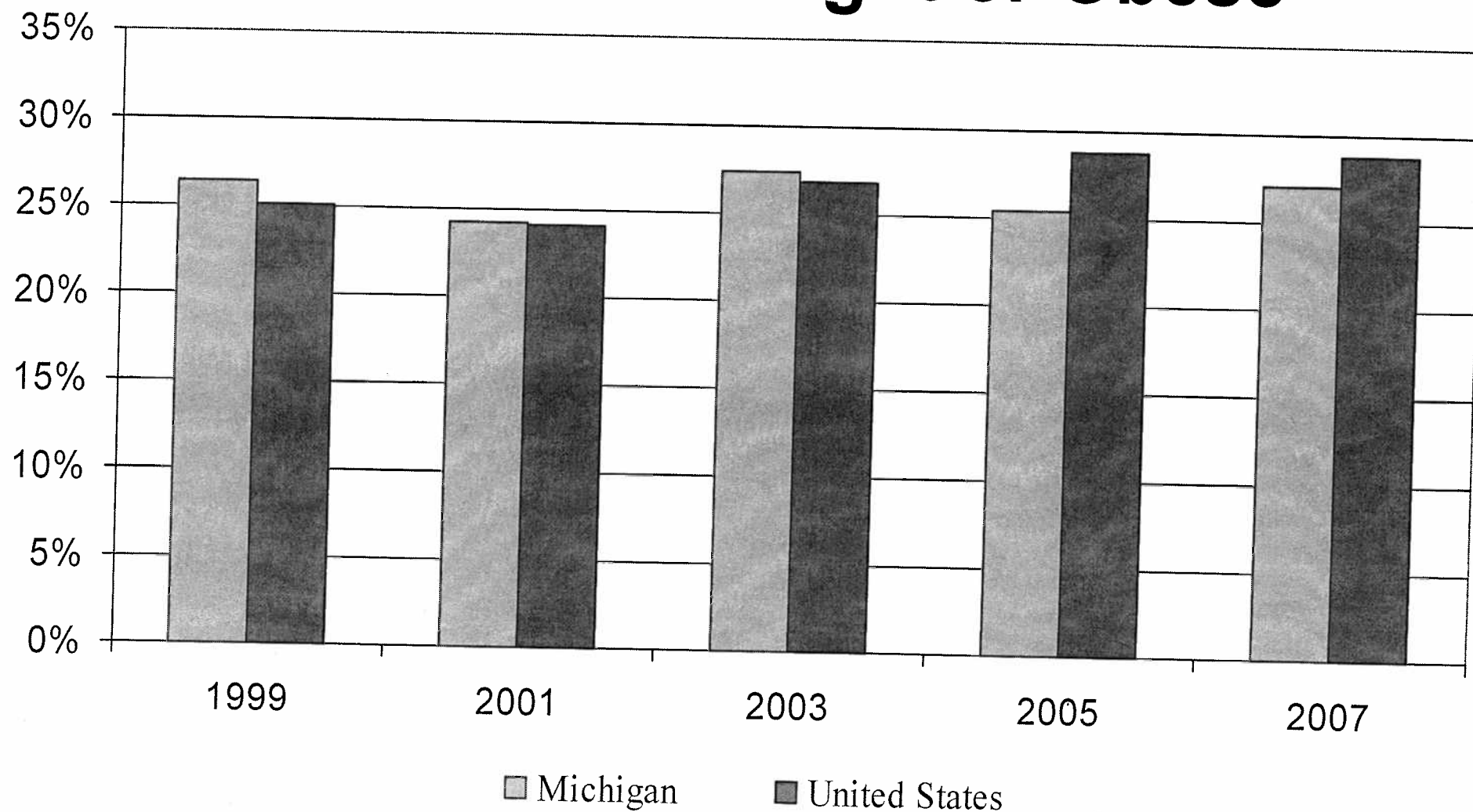
- Mortality rates due to many chronic diseases are decreasing.
- Alcohol, tobacco, and marihuana use rates among adolescents are below national rate.
- Teenage pregnancy rates continue to stay well below national rate.

## Challenges:

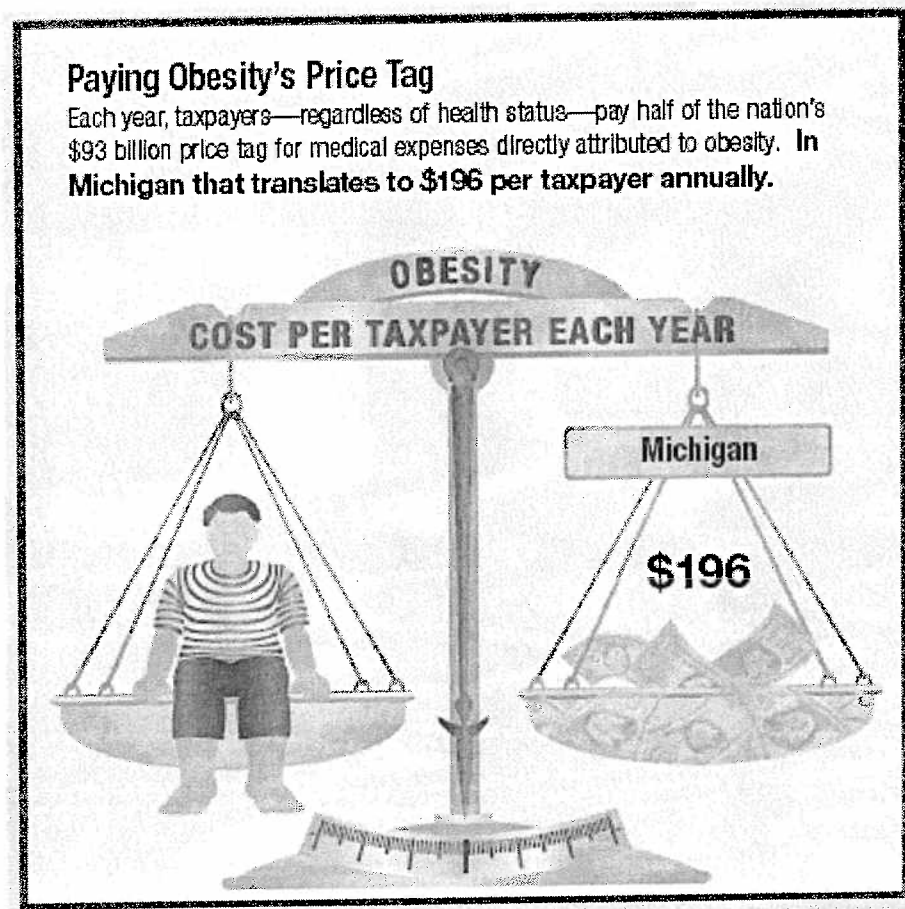
- Significant health disparities still exist among racial and ethnic groups.
- Obesity, overweight rates are up significantly - adult rates exceed national rate.
- Adult smoking rates are down, but exceed national rate. Adult binge drinking also exceeds national rate.



# Percentage of 9<sup>th</sup>-12<sup>th</sup> Graders Who are Overweight or Obese



# Impact of Childhood Obesity



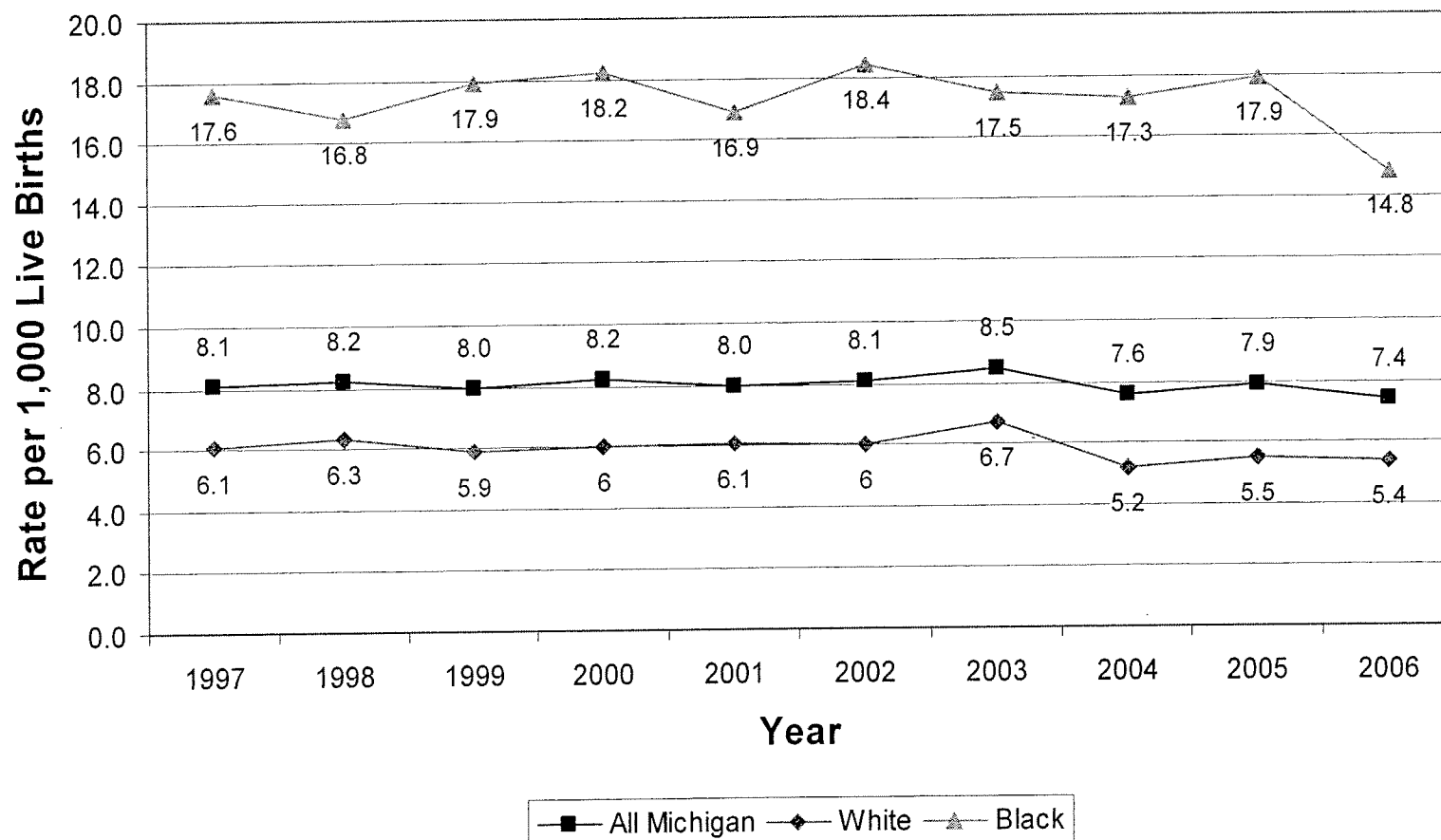
- 1 in 4 adolescents is overweight
- Low income and minority populations are disproportionately affected
- 70-80% of overweight children become obese adults
  - Michigan adults have 10<sup>th</sup> highest rate of obesity in the country
- Obesity is associated with physical, psychosocial, and economic consequences

# Healthy Kids, Healthy Michigan



- National Governor's Association Center for Best Practices grant from the *Healthy Kids, Healthy America* program.
  - The goal: Prevent childhood obesity in schools and communities through policy change.
- Effort led by Michigan's Surgeon General has established the first-ever five-year strategic policy plan to address childhood obesity in our communities and schools.
- Policy agenda includes targeted approaches to improve public health by increasing access to physical activity and healthy food choices.

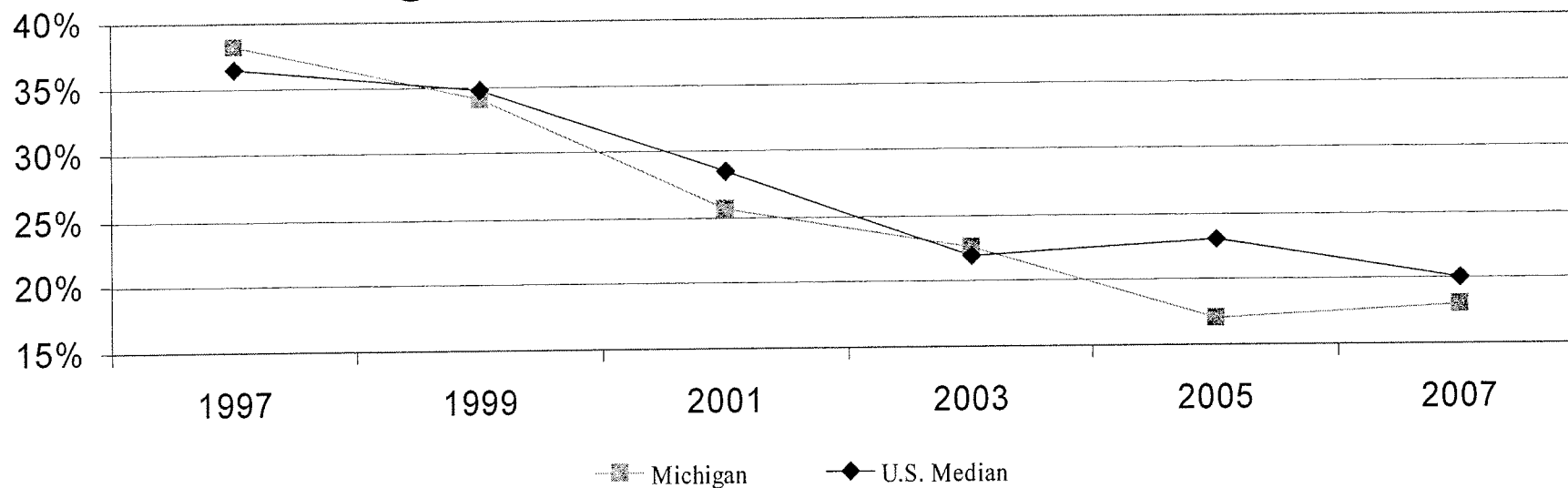
# Infant Mortality Rates in Michigan by Race



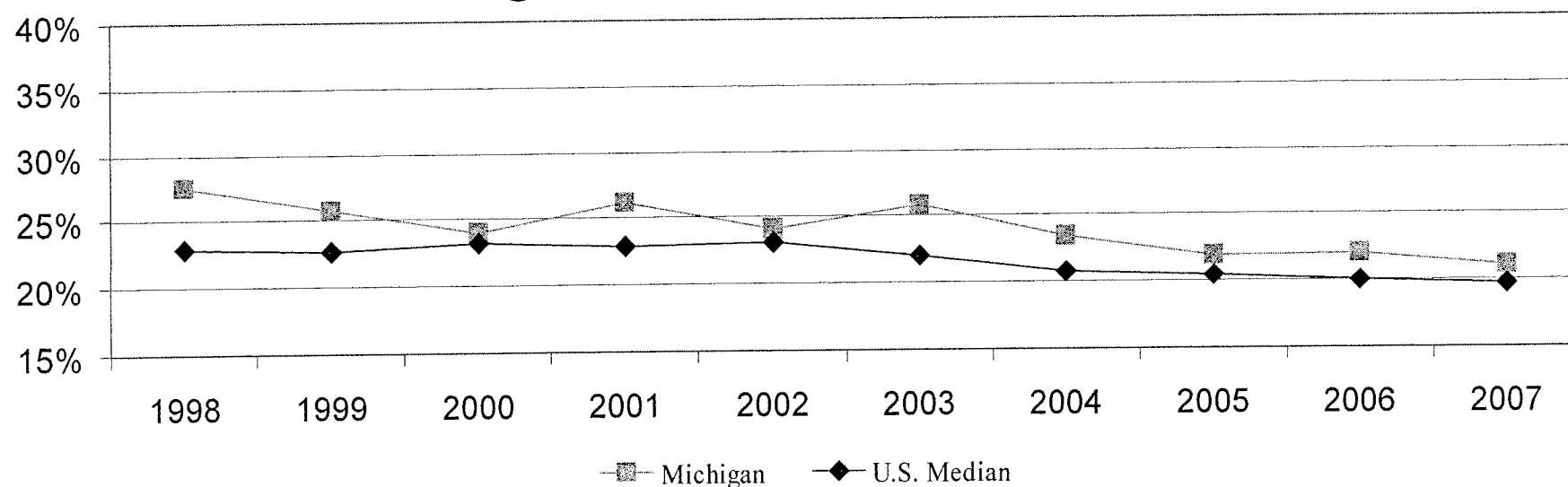
# Addressing Health Disparities

- Issue grants to local health departments, community-based organizations for programs that target at-risk populations
- MDCH funded Tomorrow's Child/Michigan SIDS' Back to Sleep Program
  - Supports hospitals as they teach women about the safe sleep message
  - Goal is to reduce sleep position and sleep environment associated deaths among African American infants
- Established interventions to increase cancer screenings among African Americans and other populations
- Bringing stakeholders together, including “Addressing Racial and Ethnic Health Disparities” Conference

## Percentage of Currently Smoking Adolescents



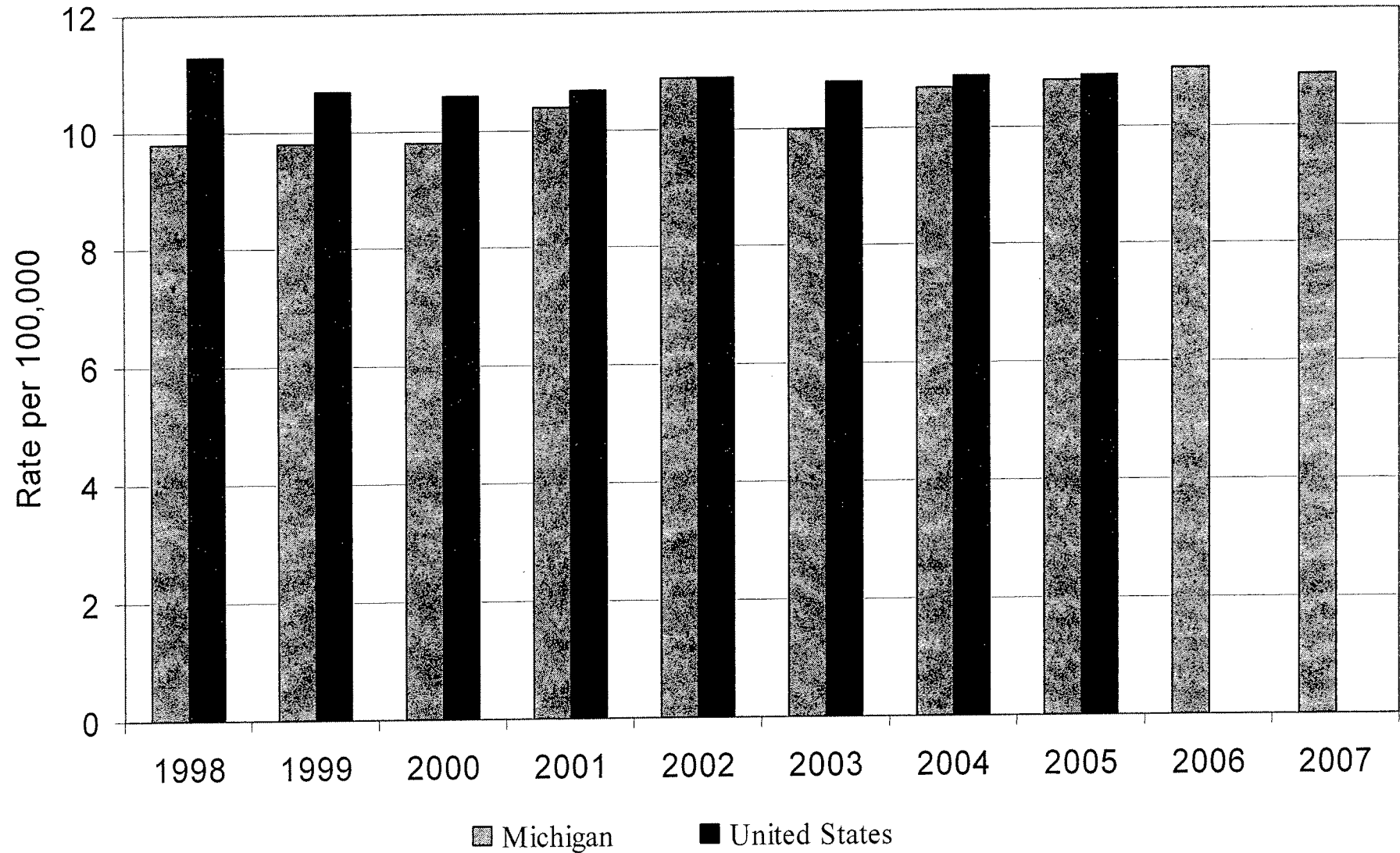
## Percentage of Currently Smoking Adults



# Snuffing out Tobacco

- Statewide quit-line
  - (800) 480-7848
  - Has received more than 28,000 phone calls
- MDCH conducts random inspections to ensure compliance with existing laws
  - Illegal sales of tobacco products to minors have decreased almost 70% since 1994.
- Clean air policy initiatives

# Age-adjusted Suicide Rate



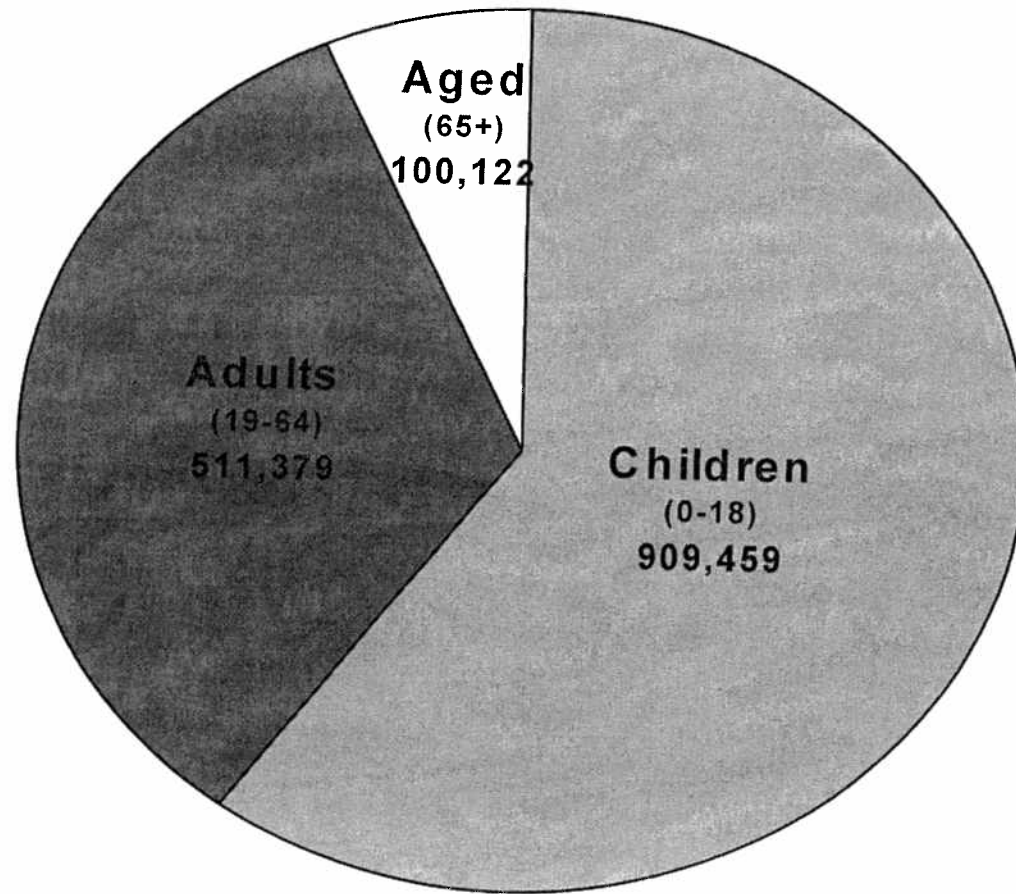


# Mental Health Initiatives

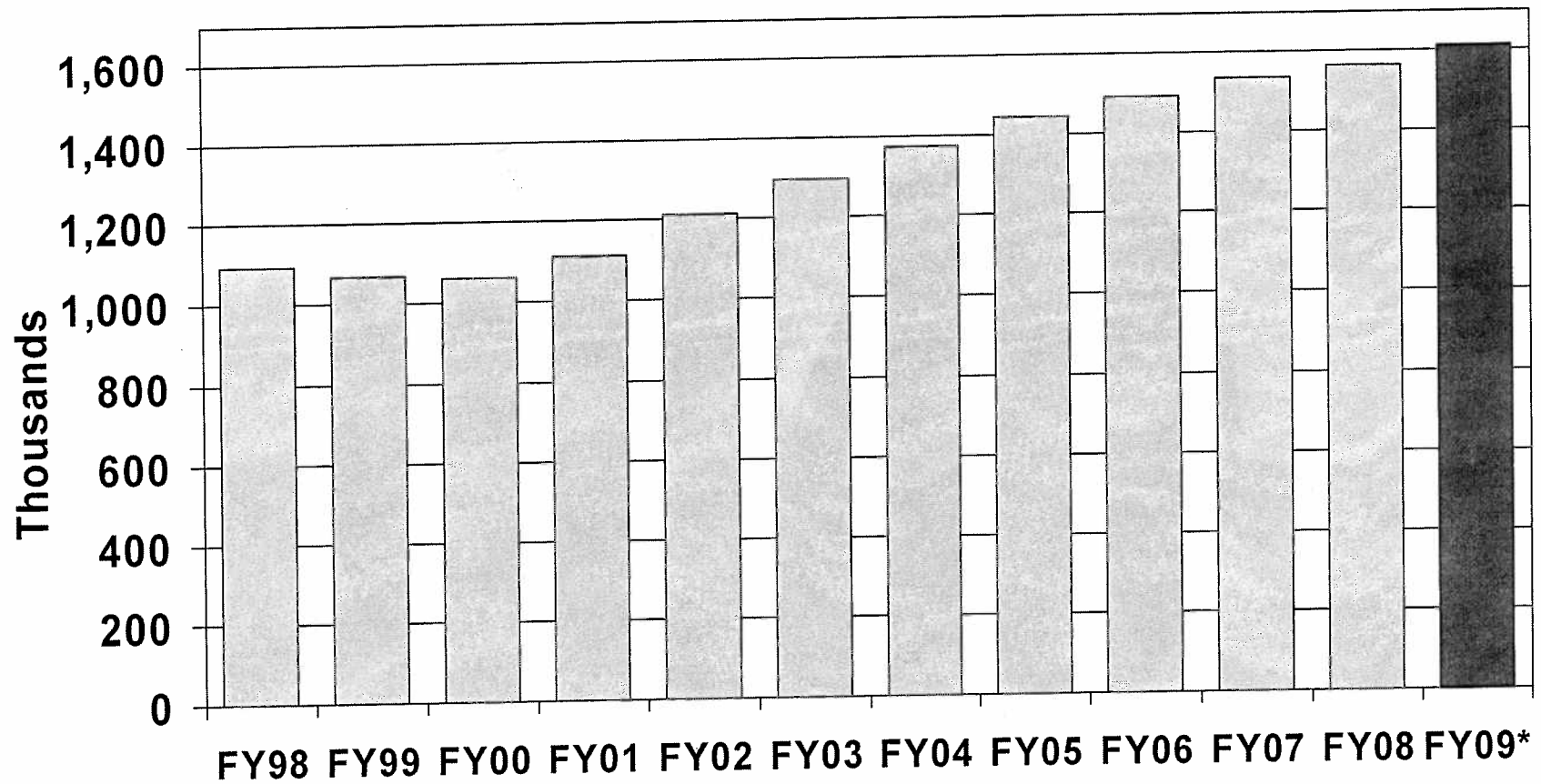
- Care that is patient-centered
- Peer Support Specialists
  - Michigan leads the nation with well over 400
  - Whole Health Pilot Program
- Anti-Stigma Efforts
  - Statewide campaign: “Look Closer...See Me for Who I Am”
  - Steering committee will convene next month to guide anti-stigma efforts

# **Providing Health Care Coverage to Michigan's Citizens**

# Medicaid Enrollment by Age



# Medicaid Caseload

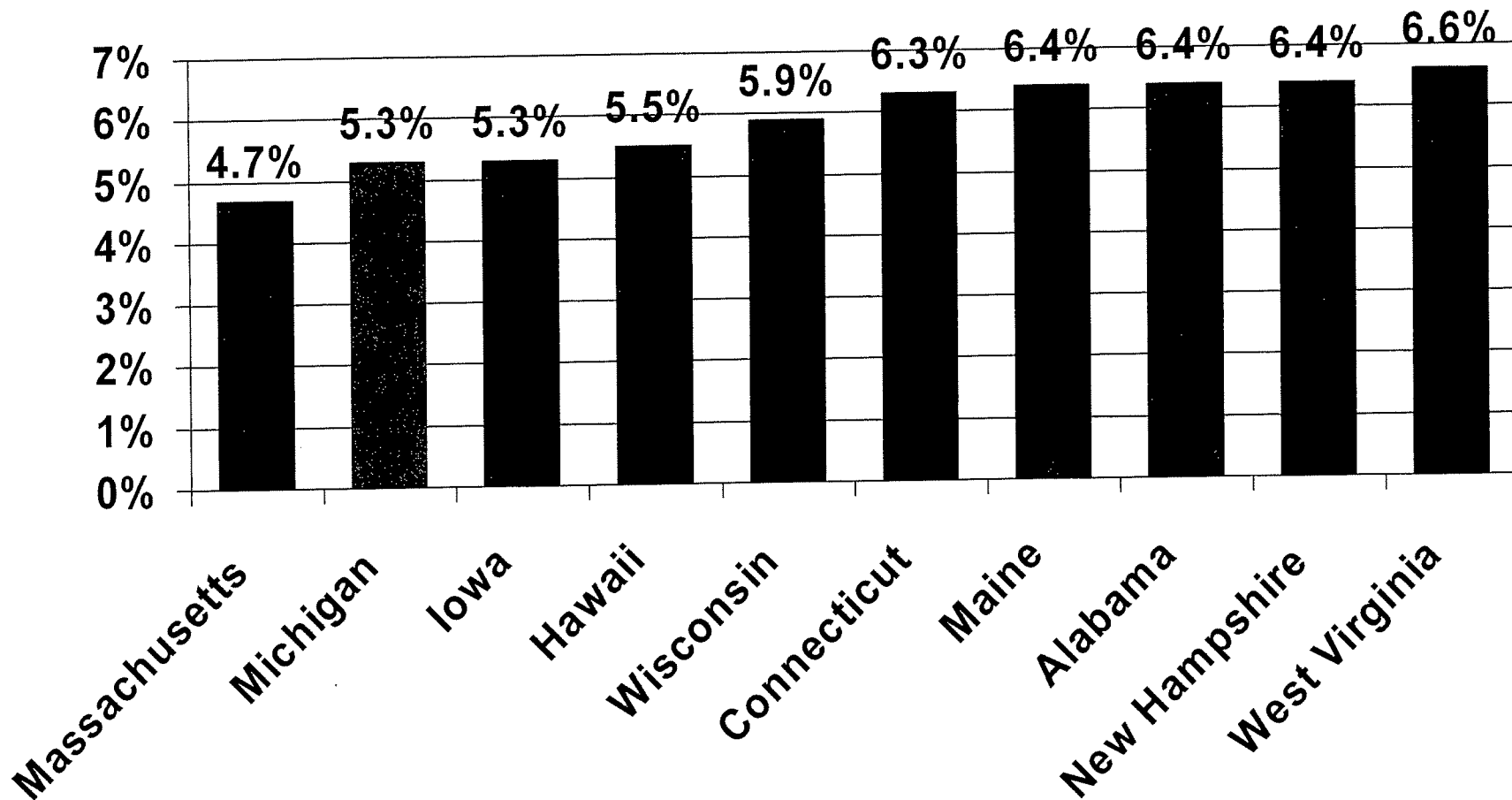


\*Appropriation Assumption

**About 1.1 million  
in Michigan  
are uninsured.**

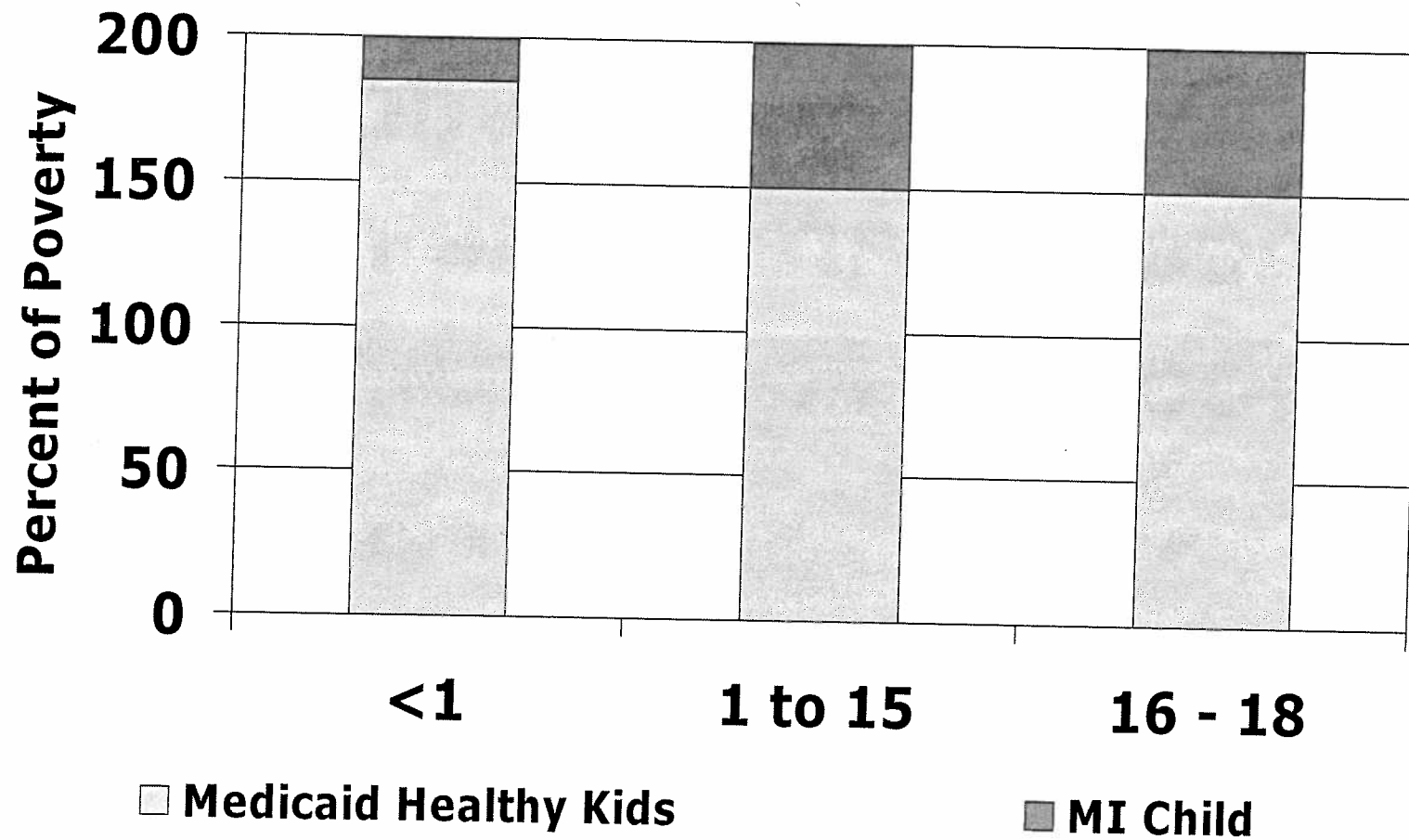
That's why we continue to fight for  
ways to ensure all of our residents  
have access to health care.

# Top Ten States with Lowest Percent of Uninsured Children



Source: EBRI estimates of data from the Current Population Survey, 2005-2007.

# MIChild and Healthy Kids Income Eligibility Criteria



**“Of all the forms of  
inequality, injustice in  
health care is the most  
shocking and inhumane.”**

*- Dr. Martin Luther King, Jr.*